

In Our Butterfly Garden

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Summary: Students sit in the garden and communicate positive qualities about their classmates and about the garden itself.

Objective: To appreciate our personal good qualities and the qualities that a garden provides its environment.

Grades: K-2

Time needed: 1 class periods; 45-60 minutes

Preparation and Materials Needed:

Walk through the garden space to ensure that it is presentable to your students for this lesson, and locate a place where everyone can sit comfortably.

Procedure:

- 1.) In-class preparation and moving outside.
Explain to students that they will be in the school garden for class today. Students should brainstorm rules and/or best behavior for the garden (i.e. listening, following directions, boundaries, meeting place, etc.).
- 2.) When outside, seat students in a circle in the garden.
- 3.) Have each student take their turn to tell the group at least three good/positive qualities about the person sitting on their left. Go clockwise so that each student can take a turn and hear what their good qualities are.
- 4.) We will then discuss the good qualities that the plants have in this garden. For example: What is a good quality that parsley has in our garden? Answer: it is food for the caterpillars. What is the good quality of dill? Answer: It is a host for butterflies to lay their eggs. So, these are helpful and kind plants to the butterflies and caterpillars.
- 5.) Give each student seeds or bulbs to plant in the garden.
- 6.) Students will then help dig into the ground and/or in a flower pot. They will place the seeds and/or bulbs into the dirt.
- 7.) At the end of the small group, each student will receive a sticker for their participation.

